



# I am hearing impaired. Here are some simple tips for effectively communicating with me.

#### 1) Make sure that I can hear you

- Get my attention before you speak to me or explain things.
- · Call my name.
- Gently touch my arm or shoulder.
- Make sure that I am wearing my hearing aids when you speak to me and before you are explaining things to me.
- Ask me if I have an ear I hear better with. If so please speak into that ear.

#### 2) Face me when you are talking to me.

- Do not start speaking with me until I am looking at your face.
- Keep eye contact with me.

#### 3) Make sure that I can see you.

- Be sure that I am wearing my glasses.
- Turn on the light. Never leave me in the dark.
- If you are wearing a mask, please remove/lower it when you are speaking to me or wear a clear face shield.

#### 4) Please speak slightly louder, slowly, and clearly.

### 5)Be sure that I have understood what you have said.

- Ask me to restate what you have said.
- Rephrase what you have said if I have not understood.
- Provide written instructions about medications or important information.

## 6)Be sure that my eyeglasses, hearing aids, and something to write with are within an arm's reach.